



Guiltless

123061 - Meatless Patty Veggie Sw 4 Oz



* Marketing Message

GG Southwestern Veggie Burgers made with the finest ingredients. Mixed vegetables, black beans, bell and chipotle Peppers in Adobo sauce are only a few of the key ingredients that make up the spicy flavor. A great alternative to traditional burgers and portion-sized to fit most buns. Good source of protein, high in iron, fiber, Vitamin A, and C.

Ingredients

"INGREDIENTS: Mixed Vegetables (Green Peas, Corn, Diced Carrots, And Green Beans [Contains A Trace Amount Of Salt]), Water, Black Beans (Black Beans, Water, Salt), Textured Soy Flour, Carrots, Wheat Flour, Corn, Soy Protein Concentrate, Onion, Anaheim Peppers, Chipotle Peppers In Adobo Sauce (Chipotle Peppers, Water, Vinegar, Sugar, Salt, Tomato Paste, Smoke Essence, Onion, Garlic), Brown Rice, Red Bell Pepper, Salt, Rice Starch, Potato Starch, Corn Flour, Cumin, Paprika, Chili Powder (Ground Chili Pepper, Ground Cumin, Ground Oregano, Garlic Powder, Salt), Oregano, Onion Powder, Garlic Powder, Soy Flour, White Pepper. Fried In Canola Oil (NON-GMO)



Allergens

Contains:

soy wheat

May Contain:

peanuts sesame tree nuts eggs
 milk

Free From:

shellfish mollusks crustaceans fish

Nutrition Facts

Servings per Container 36

Servings size 1 burger (136)

Amount per serving

Calories 160

% Daily value

Total fat 4g 5%

Saturated fat 0g 2%

Trans fat 0g 0%

Cholesterol 0mg 0%

Sodium 540mg 24%

Total Carbohydrates 23g 8%

Dietary Fiber 0g 0%

Total sugars 5.0g

Includes 0g Added Sugar 0%

Protein 12g 17%

Vitamin D 34mcg 0%

Calcium 71mg 6%

Iron 3mg 20%

Potassium 166mg 4%

* The % Daily value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 Calories a day is used for general nutrition advice.

Handling suggestions

Store frozen 0F or below

Serving suggestions

Serve hot plain or on a bun

Prep & Cooking suggestions

For best results, cook from frozen. For safety purposes, product must be cooked to an internal temperature of 165F as measured by a food thermometer. Cooking times and oven temperatures may vary, adjust accordingly. Microwave: Remove from bag & place burgers on a microwave safe plate. Microwave on high for 45 seconds. Turn burger over. Microwave for an additional 45 seconds. Increase the time if cooking more than one burger. Wait 1 minute before consuming. Grilling: Pre-heat grill to medium heat.



Product Specification

Brand	Manufacturer	Product Category
Guiltless	Cuisine Innovations	

MFG #	SPC #	GTIN	Pack	Pack Desc.
50326-125	123061	00856674006264	cs	36 / 4 Oz

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9.73 lb	9.00 lb	United States of America	No	false

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
14.68 in	12.81 in	2.95 in	0.23 cu ft	0x18	548 days	-10 to 5

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Nutrition Analysis - By Serving

Calories	160	Total Fat	4g	Sodium	540mg
Protein	12	Trans Fat	0g	Calcium	71mg
Total Carbohydrates	23g	Saturated Fat	0g	Iron	3.0mg
Sugars	5.0g	Added sugars	0g	Potassium	166mg
Dietary fiber	0g	Polyunsaturated Fat	g	Zinc	0.0
Lactose	0.0	Monounsaturated Fat	g	Phosphorus	0.0
Sucrose		Cholesterol	0mg		
Vitamin A(IU)	0.0	Vitamin D	34.0mcg	Thiamin	
Vitamin A{RE}	0.0	Vitamin E		Niacin	
Vitamin C	0.0mg	Folate	0.0	Riboflavin	0.0
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium	0.0	Sulphites		Nitrates	



Additional Images

